Dear day walk participant:

Our time together, August 26-28, is fast approaching. I am so glad that you’ll be joining us!

Here’s a review of all the logistics. If you need any clarification, don't hesitate to ask.

(1) **Confirmation that you’ll be coming:** Please let *** know if you’re coming (or not), or if you expect to arrive late. We want to be sitting in circle soon after dinner on Friday, Aug 26, so it would be helpful to know whom to expect.

(2) **Rendezvous on Friday night:** Please plan on arriving between 5 and 6 on Friday. I will provide you with dinner (a vegetarian black bean soup, salad, and bread). We’ll need time to both set up camp and eat . . . so again, please try to arrive no later than 6:00.

(3) **Directions:** We’ll be meeting at **** Not sure how cell reception will be out there, but here’s a cell number for emergencies: ****

(4) **Food:** As above, I will provide dinner on Friday night. Please bring food to share for the “break-fast” on Saturday afternoon after the walk. Be creative! If you’ve been fasting all day (optional, not required), you’ll LOVE what you bring to eat even more. For Sunday breakfast, each person is on their own, including bringing coffee or tea, as you prefer.

(5) **Schedule:** After dinner on Friday, we’ll meet in circle that night to hear each other’s intentions for the following day. We’ll get up at sunrise on Saturday (“sunrise” to be defined collectively by the group!) and send you out for the walk, with a return by mid-afternoon on Saturday. After sharing a communal break-fast that afternoon, we’ll meet in circle for stories that afternoon/evening. We’ll then have a closing council on Sunday morning finishing by late morning.

(6) **Enrollment forms and payment:** Attached are copies again for the medical information and liability for the program. Important stuff . . . so please print, fill out and bring to the program. If you have trouble with this, Talia says she'll print some copies out, too, and bring them to work. Also please bring the balance of payment along with the forms. The fee is $**, with many of you having already paid a $** deposit.

(7) **Packing list:** Attached is a suggested packing list. If possible, I suggest you have your daypack for Saturday’s walk already fully packed before you arrive—one less thing to do Friday, and definitely best to not leave that til Saturday morning.

(8) **Bad weather plans:** The main risk is for late afternoon storms. I’ll be bringing a large tarp that we can meet under if need be. Be sure to bring proper raingear and a tent, too.
(9) **Intention:** For those of you who unfamiliar with the School of Lost Borders way, I’ve enclosed a copy of the Day Walk information sheet. Borrowing from the sheet:

“Perhaps the single facet of a Day Walk that most separates it from a simple walk in nature is intention.” I encourage you to give special thought about what sends you out for this special day of reflection. It might be a relationship, a major life question, a work or practice . . . whatever needs more depth, clarity and/or focus in your life. The opening circle on Friday night will be an opportunity to speak of this intention.

If you have any questions or concerns, please write me. If it’s a question that might be of use to all to hear the response, be sure to hit “Reply All” when asking me.

See you all very soon!

Scott